

**VINAYAKA MISSION'S RESEARCH FOUNDATIONS, SALEM
(Deemed to be University)**

**M.Sc.(NURSING) DEGREE EXAMINATION –August 2019
First Year**

CLINICAL SPECIALITY I : PSYCHIATRIC NURSING - I

Time: Three hours

Maximum: 75 marks

Answer ALL questions

I. WRITE ESSAY: (2 x 15 = 30)

1. a) Define stress. (2)
- b) Concepts of stress adaptation. (5)
- c) Discuss in detail about stress management techniques. (8)

- 2.a) Define personality. (2)
- b) Enumerate the types of personality developmental theory. (3)
- c) Explain about the cognitive developmental theory and theory of moral development. (10)

II. WRITE SHORT ESSAY: (2 x 10 = 20)

3. Classify Neuroleptics. Explain antipsychotics including pharmaco dynamics and pharmaco kinetics.

4. Define behavioral therapy. Narrate the techniques of behavioural therapy.

III. WRITE SHORT NOTES ON ANY FIVE OF THE FOLLOWING: (5 x 5 = 25)

5. Components of self- concepts and its manifestations in low self- esteem.
6. Therapeutic impasses and its management.
7. Implications for nursing in psychobiology.
8. Yoga.
9. Critical pathway of care.
10. Challenges and scope of psychiatric nursing.
